**Social kamptræning - et samarbejde mellem Gentofte og Skovshoved badminton - fredag kl. 17.15-19.30**

Gentofte- og Skovshoved badminton har sammen indført en ny træning for ca. 60 spillere mellem 13-18 år. Træningen foregår i Skovshoved badmintonklub hver fredag. Vi kører i år 2 træninger:

A træning: 17.15-18.15: U15 C og D spillere samt U17 C og D spillere

B træning: 18.15-19.30. U13 A og M spillere, U 15 E, M, A og B spiller, U17 A og B

Samarbejdet mellem Gentofte- og Skovshoved badmintonklub startede sidste år, og vi tror det vil gavne alle vores unge dygtige spillere og styrke de sociale bånd i aldersgruppen.

Vi åbner op for en social kamptræningsaften, hvor man kan spille kampe mod spillere på samme niveau som en selv og samtidig dyrke fællesskabet. Der vil være tilknyttet en træner, som sætter runder, og som selv indgår i træningen, hvis det er nødvendigt. Der vil en gang i mellem, i forbindelse med træningerne, arrangeres fælles spisning. På sigt drevet af de unge mennesker selv.

Der vil være fredage dagen op til turneringer, hvor nogen ikke ønsker at deltage på træningen – og det er helt ok - det er derfor der er sat 80 spillere på.

Træningen koster 500 kr. for en sæson, og alle 80 spillere kan i princippet være tilmeldt. Betaling sker via klubmodul. Når sæsonen kører, skal spillerne tilmelde sig hver uge via holdsport.

Der kan komme justeringer i løbet af sæsonen, så vi kan få træningerne til at fungere.

Vi håber, at I synes det er en ligeså god ide som vi gør, og at I har lyst til at melde jer til træningen.

Mvh

USU i Skovshoved- og Gentofte badminton.

Charlotte Friis, Skovshoved: 42390041

Claus Tranberg, Gentofte: 50902310

**Deltagere der får tilbudt træningen:**

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| **Træning A – 17.17-18.15:**

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| **SIF** |  |
| Amalie | Overbeck |
| Amalie  | Riddersholm |
| Andrea | Bernstorn |
| Anne-Cathrine  | Lolck |
| Astrid | Uggla |
| Camilla | Hagelskjær Oreby |
| Carmen Elisabeth Bit | Sander |
| Christian | Gerdes |
| Conrad | Lübker Frandsen |
| Elena  | Berg |
| Filip | Hauwert |
| Frederikke | Wesley |
| Frederikke Hildebran | Smith |
| Frida Wibling | Solgård |
| Gertrud | Wenck von Wenckheim |
| Jens Hetland | Møller |
| Julius | Virenhem Søndergaard |
| Karen Kruse | Hansen |
| Karla | Ahn |
| Kasper | Gargas Jensen |
| Louis | Sganzerla |
| Malthe | Wivel |
| Maximilian | Münter |
| Maximilian | Martinelli |
| Nicolas  | Sanches Møller |
| Philip | Røge Krag |
| Romeo | Beierholm |
| Sigga | Sørensen |
| Sophia Rose | Brønnum |
| Sophus | Sevaldsen |
| Theo | Baaring |
| Veronika Wienberg | Sørensen |
| **GBK** |  |
| Malte  | Kliesch Pedersen |
| Jihan  | Li |
| Ina  | Nørtoft Kjær Hansen |
| Sigurd  | Bøge |
| Dagmar  | Torekov |
| Agnes  | Bjerregaard |
| Frida  | Ranegaard Hammer |
| Avika  | Kulkarni |
| Alberte  | Elise Boding |
| Victor  | Fellenius Wanner |
| Mathias  | Rasmussen |
| Tobias  | Haukrogh |
| Pallavi  | Abhilash Nair |
| Jay  | Vadera |
| Akarsh  | Rajesh |
| Mads  | Skjødt Andersen |
| Xin  | Chen Pan |
| Johan  | Kær Nielsen |
| Daniel  | Joensen |
| Oscar  | Dehn Nørmark |
| Rishabh  | Swamy |
| Petter  | Zhao |
| Freja  | Zhao |
| Ellen  | Sønderbæk |
| Ella  | Brøchner Mathiasen |

**Træning B – 18.15-19.30**

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| --- | --- |
| **SIF** |  |
| Agnes | Gregersen |
| Anders | Hvidegaard |
| Asbjørn Reiter | Johnsen |
| Bjørn | Ors Nilsson |
| Carl | Roger Mortensen |
| Emil | Idorn |
| Felix Christian | Færch-Keldsen |
| Gabriella Pixie | Potalivo |
| Halfdan Reiter | Johnsen |
| Ida | Boesen |
| Julian | Wallin |
| Karl August Bøje | Kristensen |
| Karla | Boesen |
| Luccas Sanches | Møller |
| Marius | Prüter |
| Maximillian Martin | Hansen |
| Nor | Worsøe |
| Piet  | Saunte |
| Siv Sofie Ors | Nilsson |
| Sommer | Laubjerg |
| Sophus | Mantoni |
| **GBK** |  |
| Noah  | Boiden Sørensen |
| Conrad  | Lercke |
| Valdemar  | Bruun Overgaard |
| Johanne  | Brogaard Baltzer |
| Alma  | Ortmann-Ibsen |
| Christian  | Kunckel |
| Carl  | Bøgebjerg |
| Sakarias  | Thornild Berthelsen |
| Alfred  | Eskildsen |
| Steffen  | Hanyang Zhang |
| Ingrid  | Baun Hørdum |
| Tia  | Rambeck Andersen |
| Ella  | Elkjær Lundorf |
| Lilly  | Werlinrud Efsen |
| Lærke  | Lanther |
| Kay  | McMenomy |
| Esther  | Rosa Møbjerg knudsen |
| Esthelia  | Poree |
| Ethan  | Yin Xuan Xia |
| Katrine  | Ellgaard Svedal |
| Silja  | Hejlesen |

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